

Compassionate - Innovative - Professional

Children's Mental Health Walk-In Clinic

Single Session Service

No Fee No Appointment Necessary No Health Card

Immediate Mental Health Counselling for Children/Youth and their Parents/Caregivers is available at the Walk-In Clinic

No issue is too small or too big. We can help! We believe that the solutions to problems are within our control.

If you are a young person between the ages of 6 and 17 years, come to see us if you're:

- Feeling sad, worried or angry
- Having fights with your parents
- Being bullied
- Dealing with a personal issue
- Feeling like you might hurt yourself
- Suffering because someone has hurt you
- Getting in trouble at school, home or in the community
- Feeling like you are being treated unfairly

Or if there is anything else on your mind!

If you are a parent/caregiver, come to see us if you're:

- Concerned about issues related to ages and stages of your child/youth
- Constantly arguing with your child
- Concerned about your child's social- emotional challenges

Or if there is anything else on your mind!

The Walk-In Clinic will be held at Branscombe Mental Health Centre located at 1338 Fourth Avenue in St. Catharines, Ontario weekly on Tuesday, Wednesday and Thursday from 9 a.m. until 4:30 p.m. (last appointment at 3:30 p.m.)